



Strathmore Business School



Leadership Development Program



Introduction

The Leadership Development Program is a 3 day transformative program that seeks to build strong foundational leadership skills. The program is ideal for those aspiring to take up their first formal leadership role, as well as those who are first-time leaders.

It is designed to give the participant the tool kit which they need in their role as supervisors and team leaders in creating a conducive environment to be able to deliver results through others and prepare them to take up higher responsibilities in the organisation.

Key Focus Areas

- Developing a personal leadership style
- Setting team targets and goals
- Team dynamics
- Prioritization and delegation
- Planning and organizing skills
- Problem solving skills
- Interpersonal skills

This program seeks to build strong foundational leadership skills.

Program benefits

After completion of the program you will be able to:

- Develop a greater awareness of the knowledge, skills and attributes necessary to become an effective leader
- Gain a deeper understanding of how to manage people
- Enhance confidence and competence to deliver on your role

Who Would Benefit?

The Leadership Development Program is ideal for new supervisors/ team leaders or anyone with less than 3 years of experience.

Course Leader



Dr. Angela Ndunge is a full-time Lecturer in Organisational Behavior and Leadership at Strathmore Business School (SBS). She holds an Msc in Work and Organisational Psychology and a Doctor of Philosophy in Applied Psychology from the University of Nottingham. Her doctoral thesis was titled: Modelling the health and wellbeing of humanitarian workers: Organisational and Individual factors.

Dr. Ndunge's areas of specialisation are: leadership, emotional intelligence, cultural intelligence, managing people and social influence at work, occupational health and safety, training in organisations, workplace assessment and testing, occupational research methods, workplace counselling and career development, work- life Integration, and work-related mental health.

She is an experience trainer and has facilitated numerous training programs for executives at SBS. She has also been involved in design and facilitation of in-company leadership programs for several companies such Chase Bank, Safaricom, Longhorn, KCB among others.

Additionally, Dr. Ndunge is an experienced mental health practitioner. Her research interests include: leadership, relationship between the work environment and workers' health, wellbeing and organisational productivity, management of psychological and social factors at work and productive and counterproductive behaviour in the workplace.

Dr. Ndunge is the faculty director at Strathmore Business School. Her main responsibilities include; recruitment and selection of faculty, training and development, as well as coaching and mentoring. She is also the academic director of the Senior Managers Leadership Program (SMLP), as well as the New Managers Leadership Program (NMLP).

Contact

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